



# Spectrum



RI District 3291

July 1, 2023

PRESIDENT ■ KUSUM CHAMARIA

CLUB NO ■ 78956

Weekly bulletin of Rotary Club of Salt Lake Metropolitan Kolkata

SECRETARY ■ DR CHITRA RAY

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## “Matri Raksha” Fighting Anaemia in Women

The 20th Health screening and treatment Camp by Rotary Club of Salt Lake Metropolitan on June 25, 2023 in association with Rotary Serampore at Anjuman High School Rishra, District Hooghly  
Dr Aruna Tantia narrates

The team left early morning in 3 cars led by Rotarian Dr Bimlendu Sen. It took 1.5 hours to reach venue through Grand Trunk Road winding by side of river Ganga.

The team was welcomed by members of rotary club of Serampore Rtn Amitava & local RCC at Anjuman School Rishra.

All assembled women were educated about Anemia & its ill effects by Dr Aruna Tantia.



Total 153 patients were screened their Hemoglobin, Sugar and blood pressure by our technical team of volunteers while Dr.

Aruna Tantia & Dr. Bimalendu Sen, Dr. Debasmita Mukhopadhyay consulted and treated all the patients.



Chairman of Rishra municipality attended the program along with ICDS employees.



Every woman was given 2-3 months' free iron, deworming and calcium medicines as prescribed.



A woman was found to be suffering from severe anemia with Hemoglobin 5.7 gm. She was advised to consume proper food and given medicine for 3 months. Another was pregnant for 8 months but had very high BP 170/110 mm Hg and was immediately referred to health center by Rotarians.



We meet calendar months' 2<sup>nd</sup> & 4<sup>th</sup> Saturdays at GPT Group, JC 25, Salt Lake, Kolkata 700098 at 6.00 PM

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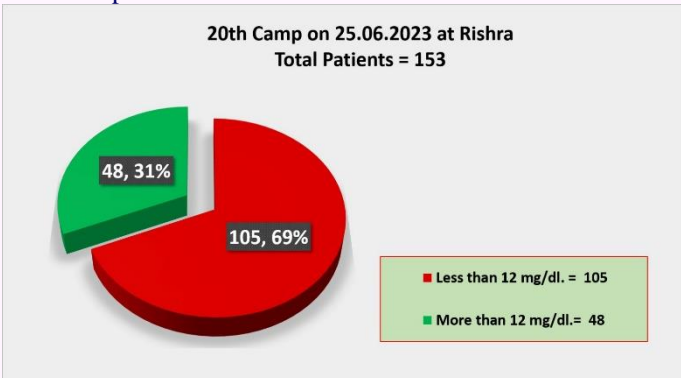
There were few people who had uterine problem and ovarian cyst and were advised further tests.



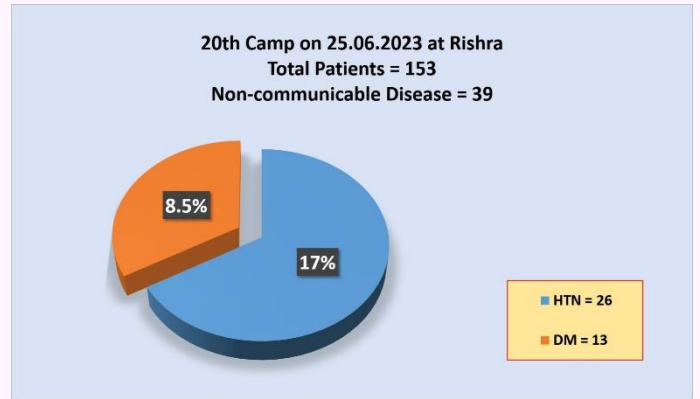
Few children also came. Though beyond the scope of the Grant, Rtn Dr Sen examined each one of them and prescribed necessary medicines and tests, as applicable.



Dr Sen was kept very busy with most of the patients complaining of joint pains and backache. He gave consultation to all of them. The camp was over by 2 pm we were, thereafter, felicitated by RC Serampore members and treated to homemade food.



According to camp analysis, 105 (69%) had hemoglobin level below 12 mg./dl and 62 (40.5%) had severe anemia (<10 mg.). Around 13 patients (8.5%) were suffering from Diabetes (DM), 26 patients (17%) were Hypertensive (HTN) and referred to physician for further management. Total sixteen patients were advised for ultrasonography.



The team left at 3 pm to reach Kolkata by 4.30 pm very satisfied having done something worthwhile on a Sunday.



## Spectrum wins District Award for the year 2022-23



Spectrum, the weekly bulletin of Rotary Salt Lake Metropolitan Kolkata won district award, in its category, for the year 2022-23



Club Secretary and President Elect Kusum Chamaria and PP Dr Aruna received the award, on behalf of editor Dr Rajesh, from past Governor Nayantara in presence of, among others, past Governor Anshuman and Governor Ajay. Rotary Salt Lake Metropolitan Kolkata further received a certificate of appreciation for participation in District Literacy Project



## Interact club of DPS New Town recognized at the Annual Interact Meet



A section of members of Interact club of DPS New Town with the award



Rotary Salt Lake Metropolitan Kolkata sponsored Interact club of DPS New Town received the second prize for Community Service (Non-medical) for the year 2022-23.

The award was given at the Annual Interact Meet of the District held in the afternoon of Wednesday, June 28, 2023 at the South City International School.

The editorial team of Spectrum along with President and members of Rotary Salt Lake Metropolitan laud members and mentors of Interact club of DPS New Town for such recognition.

## MATRI-RAKSHA

### Brief outline of the Global Grant 1991152

#### Purpose:

'Fight against Anemia in Women'

#### Objectives:

Treat women of Anemia by screening and treatment and prevent by educating them

**Title:** 'Matri-Raksha' - protection of mothers

**Scope of work:** Provide screening camps, minor and major surgeries, medicines, awareness training, healthcare professional training and providing diagnostic equipment at community health centers

**Coverage:** Both districts of 24 Parganas, within Rotary District ,

**Sponsors:** Rotary club of Salt Lake Metropolitan Kolkata of District 3291, India and

Rotary clubs of Nidau-Biel, Biel-Bienne, Biel-Buttenberg of District 1990, Switzerland:

**Grant Partners:** Rotary Foundation India, the Rotary Foundation of Rotary International,

**Associates:** Related Government and civic bodies, NGO's

**The 21<sup>st</sup> Anemia screening and treatment camp is on July 1, 2023 at the State Bank of India, Sakher Bazar, Behala.**

## Upcoming club program

Installation of club officers on July 7, 2023

## COTS & first club Assembly of 2023-24

District 3291 SALT LAKE METROPOLITAN KOLKATA

CLUB OFFICERS TRAINING SEMINAR (COTS)

30<sup>th</sup> JUNE, 2023 (FRIDAY)

CREATE HOPE in the WORLD

Gordon R. McInally  
RI President 2023-24

Hiralal Yadav  
District Governor 2023-24

Subrata Roy  
Asst. Governor 2023-24

Kusum Chamaria  
President 2023-24

Dr. Chitra Ray  
Secretary 2023-24

Rotarian Subrata Roy, zonal Assistant Governor (AG), 2023-24 conducted Club Officers' Training Seminar (COTS) and first club Assembly of year 2023-24 in the afternoon of Friday, June 30, 2023 at the club venue.



PP Dr Aruna shared clubs' Strategic Plan, narrated identifiable strengths and weaknesses of the club, presented completed, ongoing and upcoming service projects in line with strategic plan, proposed team of leadership.



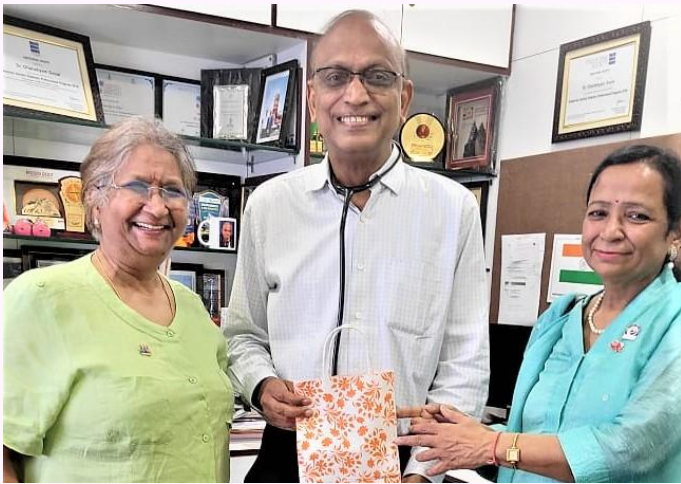
AG Subrata summed up with his commends and visible observations, which club leadership is expected to follow.

## Rotary Salt Lake Metropolitan July 1, programs

RCSLMK's first day of year 2023-24 begun with felicitation of club's own Doctors and Chartered Accountants on the occasion of **Doctor's Day and Chartered Accountants Day**. President Kusum Chamaria felicitated them.

Later, the 21<sup>st</sup> Health screening and treatment Camp, "Matri Raksha", for fighting Anemia in Women was held





President Kusum Chamaria felicitates PP Dr Aruna Tantia and PP Uma Shankar Agarwal on July 1, 2023 on the occasion of celebration of Doctors' Day and CAs' day respectively.



Doctors examine and prescribe ailing women at the 21st Matri Raksha Screening and Treatment Camp held at SBI, Sakher Bazar, Behala on July 1, 2023. Detailed reports shall follow.



President Kusum, at the center, leads the 21st Matri Raksha Screening and Treatment Camp held at SBI, Sakher Bazar, Behala on July 1, 2023. Detailed report shall follow.



**2nd July**  
The Stadel Hotel, Salt Lake

**DOCATHON-2023**

**WE WELCOME YOU**

**Rotary**  
RI District 3291  
Salt Lake Metropolitan Kolkata  
AS  
community partner

## Birthday of member in July, 2023

Dr Om Tantia on July 10, 2023

## Anniversary of members in July, 2023

Spouse Lakshmi & PP Siddhartha Tantia on July 3, 2023

## QUOTE

*Self-Confidence has always been one of my good qualities. I am always very confident. It is in my nature to be confident, to be aggressive. And it applies in my batting as well as wicket keeping.* MS Dhoni

## UNWIND



Late one-night Jack takes a shortcut through the cemetery. Hearing a tapping sound, he became scared and quickens his pace. The tapping gets louder. Jack is now scared out of his wits. Then he notices a man chiseling a tombstone. "Thank Goodness!" Jack says to the man. "You gave me a fright of my life. Why are you working so late?" "They spelt my name wrong"

## TAILPIECE

# Homeopathy Treatment Reaches New Heights

Dr. A K Dwivedi's Homeopathy treatment is Transforming Chronic Disease Treatment, Including Aplastic Anaemia

Dr. A K Dwivedi, a reputable homeopathy doctor based in Indore, has been working tirelessly for the past 25 years to help patients suffering from chronic diseases. In particular, he has made significant strides in treating Aplastic Anaemia, a debilitating disease in which the bone marrow stops producing blood cells. Aplastic Anaemia is a type of disease that can cause a significant amount of damage to the body. The bone marrow is responsible for producing the blood cells that we need to survive, but in this disease, blood cells formation stops. Dr. A K Dwivedi has been researching and treating this disease for the past 25 years and has been able to help countless patients.

In a meeting with the President of India, Draupadi Murmu, on January 10, 2023, Dr. A K Dwivedi shared his experience in treating chronic diseases like Aplastic Anaemia, Sickle cell anaemia, Thalassemia anaemia as well as other types of anaemia with homeopathy treatment. While Sickle cell anaemia is considered incurable, Dr. Dwivedi emphasized that homeopathy treatment can reduce the symptoms and provide relief to patients. His treatment of patients suffering from Aplastic Anaemia using homeopathic medicine has brought newfound optimism to those in need.

Furthermore, Dr. A K Dwivedi also discussed the need for budget allocation for treating diseases like anaemia in a meeting with the Finance Minister of India, Nirmala Sitharaman. Speaking about his work, Dr. A K Dwivedi said, "I am honoured to have the opportunity to help patients suffering from chronic diseases. My focus has been on finding ways to provide relief to patients and make their lives more comfortable. I am grateful to the President of India and the Finance Minister of India for their support in this important work."

With Dr. A K Dwivedi's expertise and dedication to his patients, he continues to work to improve the lives of his patients suffering from chronic diseases like Aplastic Anaemia, Sickle cell anaemia and Thalassemia anaemia as well as other types of anaemia.



Union Minister Nitin Gadkari felicitating Dr. A.K. Dwivedi for treating anaemia via homeopathy

Dr. A.K. Dwivedi sheds light on the efficacy of homeopathy in treating chronic diseases

In a recent development, renowned homeopathic practitioner Dr. A.K. Dwivedi has highlighted the power of homeopathy in treating chronic diseases. Patients suffering from Aplastic Anaemia, who were previously told by medical experts that they won't survive, have been treated through homeopathy. Other chronic diseases such as bleeding disorders, nose bleeding in children, and diabetes have also been cured through homeopathy medicine.

Dr. Dwivedi has joyfully put forth the notion that homeopathy provides a gentle and promising alternative to cancer treatments. The effectiveness of homeopathy has been witnessed by patients who have experienced swift and positive outcomes. These proposals carry hope for the treatment of chronic diseases. Dr. Dwivedi's work is a testament to the potential of alternative medicine, particularly homeopathy.

The success of homeopathy in treating chronic diseases, such as Aplastic Anaemia, is a promising development in the field of alternative medicine, and Dr. Dwivedi's work serves as a beacon of hope for patients and practitioners alike. Dr. A.K. Dwivedi's Homeopathic Medicines Youtube channel now features over 750 videos showcasing successful patient treatments. Find them on [drakdwivedihomeopathy](https://www.youtube.com/channel/UC...).

For more details contact:  
Advanced Homeo Health Centre  
& Homeopathic Medical Research Pvt Ltd  
8/8, Mayank Apartment, Ground Floor

The Economic Times feature, June 29, 2023. Credit: US Agarwal